

Embrace

How can other people help us survive?

Becky Thera is not only an artist but also a synchronized swimmer. She has made several underwater videos for the exhibition, including one called Never Alone. The men in the Antarctic survived because they helped each other, and the swimmers in Becky's video support each other too.



All images courtesy of Becky Thera

photos permitted. Tag us:



@agr_regina



Art Gallery of Regina



@artgalleryofregina

Listen

What kind of things can you hear underwater?

Do you hear any sounds in the exhibition? The artist has created a soundtrack that includes whale songs and water sounds. How do these sounds make you feel? Do you find them relaxing or scary? What about water - how do you feel about it?

QR code

view the QR code through your smartphone camera to access the exhibition audio tour.

audio tour sponsored by SaskTel



Self-guided tour



image: Becky Thera, *What Remains.*

Embrace Becky Thera

June 16 - august 10,
2023

2420 Elphinstone St., Regina
306-522-5940
info@artgalleryofregina.ca
www.artgalleryofregina.ca

AGR

Engaging.
Contemporary.
Art.

What is women's work?

Is sewing for women and exploring for men?

Did you know that people used to think embroidery was only for women? When the artist's great-grandmother embroidered flowers and kittens, people didn't think it was art or useful work. At that time, women couldn't be Antarctic explorers like the men in Becky's artwork. By making pictures of men in lace, what do you think Becky is saying about the differences between men and women?

When we look at *What Remains*, we can see a jacket that has been torn down the middle. The jacket is a certain size and color - who do you think would wear a jacket like this, and what might they do while wearing it? The designs on the jacket are called embroidery, and they are made of black thread. What kinds of things do you think are represented in the embroidery, and who might wear clothes with these designs? Is this the same kind of person who would wear a suit jacket?

Isolation

Were you separated from your friends or did you have to stay home during the COVID-19 pandemic?

the artist made an embroidery called *Patience Camp*, which shows a group of people isolated on an iceberg that has split into two. The artist is connecting this isolation to the loneliness people felt during the COVID-19 pandemic.



Floating & Sinking

Are lace & shadows light enough to float?



The artist has sewn lace shapes onto tulle, which is the fabric used for bridal veils. Can you see the shape of a boat in this artwork? Compared to the people inside the boat, is it a big boat or a small boat? It's actually a small lifeboat because the big ship sank.

Look for another artwork showing the ship sinking, but be careful not to damage the delicate fabrics.